

Policy

Booking

I offer two ways of booking classes - through online system with advance payment or sending an email to reserve your spot, paying on the day.

I would kindly ask you to book your classes a minimum of 24 hours in advance by sending an email to: **yogamayainfo@gmail.com**

Booking in-advance is necessary as the spaces for all classes are limited, and are on a first come first served basis. Should the space still be available on the day, I am happy to take bookings but space cannot be guaranteed.

Due to the limited size of the space, I would kindly ask you to send me an email with the date and time of the class you would like to attend, to ensure your place in the class.

This is to not waste your time should you decide to drop-in and the class be full, which does often happen.

You will be booked onto the class as soon as the email is received.

Please be aware the cancellation policy requires you to **cancel a booking at least 24 hours before** the class, as it opens the space for someone else to book — so please make sure to email in-case you are unable to attend.

If an email is not received, the class will still be taken from the remaining units of the pass.

The **5 and 10 class pass is valid for 2 months** from the date of purchase, but your classes do not necessarily expire.

This simply means that I am prepared to give you the option to use your pass longer than 2 months, but if for any reason the classes are canceled or stop being offered after a term that is longer than 2 months from the date of purchase, the money and pass are non-refundable and not exchangeable.

The schedule is updated for 2 month from the purchase and can be viewed under booking column at Yogamaya website.

The **times and days of classes may be subject to change**, if any cancellation occurs you will be notified at least 24 hours before (except in cases of potential emergencies).

I always endeavour to update the dates I am due to be away as far in advance as I can and if you purchase 5 or 10 class pass I will update you of any other cancellations that may happen in the two months from the purchase.

Yogamaya **reserves the right to deny entry** to any classes, and to completely revoke registration on reasonable grounds, at the teachers sole discretion.

This includes, *but is not limited to*; lateness, repeated cancellations or non-attendance, unreasonable behaviour in or outside the class, client's state being deemed unsuitable for the class, inaccurate disclosure in waiver form.

Your statutory rights are not affected. Classes with Yogamaya are **leisure activities**, and thus we are not obliged to offer any refund on cancellation, however we are willing to consider individual circumstances on a case by case basis.

Responsibilities

Yogamaya and Global Tribe are not liable for injury or loss of personal items during the classes. All property left unattended, is done so at the owners risk.

A completed **waiver form** is necessary before attending the first class.

The waiver will be provided before the first class, please make sure to arrive at appropriate time in order to complete it and have a chat about individual considerations related to the class. Falsifying or deliberate omission of information on the waiver form drastically reduces the consumers rights.

Please note, all information on the Waiver form will be kept confidential in accordance with the Data Protection Act 1998.

Health and safety

Yoga practice is not a substitute for medical attention, examination, diagnosis or treatment.

If you have ANY kind of health problems or impairments (*including but not limited to* physical, emotional or mental) please consult with your GP before practice and inform your instructor (Maja). This is so the class can be tailored to suit individual needs, and so as not to exacerbate or trigger any issues in the participant, allowing for maximum benefit to you.

Please note that this is **your duty** before every class and Yogamaya can take no responsibility for any issues or injuries that may arise either from non-disclosure or poor judgement.

It is important that you **listen to your body while engaging in physical practice** - attunement with oneself is one of the core tenets of yoga practice. Some of the poses are very difficult for beginners, and must be eased into to avoid physical injury.

If you have any questions about the practice, please don't hesitate to contact Yogamaya.